

WORLD LEISURE ORGANIZATION Slovakia 2026



Students of the Primary Education study programme (future teachers at the primary level of education) organized a workshop focused on promoting the active use of leisure time for pupils of younger school age. The main aim was to show pupils alternatives to passive sitting in front of digital technologies and to motivate them towards physical activity, creativity, socialization, and the promotion of postural health from a preventive perspective. The pupils were inspired to engage in meaningful after-school activities, while the students, future teachers, gained invaluable pedagogical practice in an informal environment and thereby strengthened their competencies. The cooperation between university students and pupils proved to be exceptionally effective. The pupils responded to the young and motivated students with great enthusiasm. This workshop confirmed that promoting active leisure time is meaningful and that it should continue in future semesters within the framework of pre-service education and the Active School initiative.

LEISURE TIME 12. 5. 2026

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