

Inkluzívne vzdelávanie v telesnej a športovej výchove v podmienkach slovenských škôl na európskom kongrese EUCAPA2026



Na 18. ročníku európskeho kongresu Inkluzívnych pohybových aktivít EUCAPA2026, ktorý sa konal na Fakulte telesné výchovy a športu Univerzity Karlovy v Prahe v dňoch 9. – 12. júna 2026, zastupovali Slovensko dve delegátky z Pedagogickej fakulty (PdF) Univerzity Komenského v Bratislave (UK) doc. Mgr. Dagmar Nemček, PhD. z katedry špeciálnej pedagogiky a inkluzívneho vzdelávania a doc. Mgr. et Mgr. Zlatica Zacharová, PhD. z katedry psychológie a patopsychológie.



Doc. Nemček vystúpila s dvomi ústnymi prezentáciami vedeckých príspevkov s názvom „Differences in perceptions of the inclusion of students with autism and ADHD in physical education classes“ a „Challenges in the inclusion of students with autism from the perspective

of Slovak physical education teachers across different educational level“ a jednou posterovou prezentáciou s názvom „Differences in the perception of factors influencing feelings in inclusive physical education classes in neurodivergent pupils“. Doc. Zacharová reprezentovala PdF UK jednou ústnou prezentáciou s názvom „Psychomotor interventions in physical education for students with ADHD: A review of inclusive approaches“ a jedným posterom s názvom „From story to movement: Narrative-based psychomotor activities in inclusive education“. Účastníci európskeho kongresu EUCAPA2026 prejavili o problematiku inkluzívnej telesnej a športovej výchovy v podmienkach slovenských škôl veľký záujem, čo bolo deklarované bohatou diskusiou publika k ústnym prezentáciám ako aj k posterom.



Všetky odprezentované výskumy sú súčasťou riešenia grantovej schémy Ministerstva školstva, výskumu, vývoja a mládeže SR VEGA 1/0694/24, za čo chceme zároveň ministerstvu vysloviť nesmiernu vďaku, že nám umožnilo podeliť sa s podmienkami inkluzívneho vzdelávania v telesnej a športovej výchove s odborníkmi z celého sveta zaoberajúcimi sa podobnou problematikou.

doc. Mgr. et Mgr. Zlatica Zacharová, PhD.
vysokoškolská pedagogička

Summary

Inclusive physical education in Slovak schools at the European congress EUCAPA 2026

Zlatica Zacharová

The 18th European Congress of Adapted Physical Activity (EUCAPA 2026), held at the Faculty of Physical Education and Sport of Charles University in Prague from 9–12 June 2026, brought together researchers, educators, and practitioners from across World to discuss current trends, challenges, and innovations in inclusive physical education and adapted physical activity. Slovakia was represented by two delegates from the Faculty of Education of Comenius University in Bratislava: Assoc. Prof. Dagmar Nemček, PhD., from the Department of Special and Inclusive Education, and Assoc. Prof. Zlatica Zacharová, PhD., from the Department of Psychology and Pathopsychology. Their participation contributed to the international exchange of knowledge and experiences related to inclusive education and physical activity for children and adolescents with special educational needs. Assoc. Prof. Nemček presented two oral presentations focused on the inclusion of students with autism spectrum disorder (ASD) and attention deficit hyperactivity disorder (ADHD) in physical education (PE) classes, as well as a poster presentation examining factors influencing emotions and experiences of neurodivergent pupils in inclusive PE settings. Associate Professor Zacharová delivered an oral presentation reviewing psychomotor interventions for students with ADHD and presented a poster focused on narrative-based psychomotor activities as a tool for supporting inclusion in educational environments. The presented studies attracted considerable interest from congress participants and generated extensive professional discussion. The positive feedback highlighted the relevance of the Slovak research findings and the growing international interest in inclusive approaches within PE and school-based physical activity programmes. All presented research activities were conducted within the framework of the national scientific project VEGA 1/0694/24, supported by the Ministry of Education, Research, Development and Youth of the Slovak Republic. Participation in EUCAPA 2026 provided an important opportunity to disseminate research outcomes, establish international professional contacts, and contribute to the ongoing development of evidence-based inclusive education practices in PE. The congress also reinforced the importance of international cooperation in promoting equal opportunities and meaningful participation for all students in physical activity and educational settings.